

Sport Risk Categories

High Risk	Small/Fast Projectiles: Air Rifle, BB Gun, Paintball Hard Projectiles, “Sticks”, Close Contact: Basketball, Field Hockey, Ice Hockey, Lacrosse, Racquetball, Baseball, Softball, Squash, Wrestling, Fencing, Cricket Intentional Injury: Boxing, Full Contact Martial Arts
Moderate Risk	Soccer, Football, Tennis, Volleyball, Fishing, Golf, Pool Activities, Badminton
Low Risk	Diving, Skiing (snow and water), Non-contact Martial Arts, Bicycling
Eye Safe	Track & Field, Gymnastics